



Death Valley, CA

January 21-23, 2023

Adventure Details - Room for 6 guests

- January 21 Depart from Los Angeles at 7:00 a.m. Plenty of street parking is available, or you can request a pick-up. Drive 4:30 hours to Furnace Creek Campground. Set up camp, enjoy lunch and head to Zabriskie Point or Mesquite Flat for the Sunset. <u>Check out the campground here.</u>
- **October 29** Check out Badwater Basin, Mosaic Canyon Trail, Artists Pallet. Whatever the group decides! <u>Check out the park guide here.</u>
- **October 30** Hike Telescope Peak, or visit other top sights! Plan to head back toward LA around 2p.
- Contact: <u>Cassie</u> for any questions.



Activity Level

You should feel comfortable hiking 5-8 miles in a day with elevation gains/losses of 1000 feet, carrying a backpack that weighs about 10-20 pounds. Any level of rock climbing experience is fine - beginners welcome!

Fun Fact! Death Valley is about 100 miles from Mt. Whitney. The lowest & highest points in the continental US.

Gear List

Don't let this long list deter you from adventuring with us! If you can't, or don't want to buy gear, just let us know. We will work with you to provide any other necessary gear.

EXEN Adventures supplies you with essential materials such as:

- All cooking gear and food
- Camp Furniture
- Sleeping Pads
- Group First Aid Kit
- Tents

YOUR packing list should include:

Hiking Gear:

- Day Pack (15-20L comfortable backpack for the hike.)
- Hiking Shoes or Boots
- □ Water Bottle(s)

Camping Gear:

- Duffel Bag for clothes and personal items
- Sleeping Bag (40°C works for most trips/15 -29°C for colder travel periods or if you get cold easily)
- Travel Pillow
- Flashlight or Headlamp
- Camp Towel

Clothing:

- Insulated Jacket or Vest
- Rain Jacket (Hooded, lightweight, Waterproof, Breathable)
- Short or long sleeve hiking shirt (quick dry)
- Hiking Pants (quick dry)
- Hiking Shorts (quick dry)
- Hiking Socks (Synthetic or wool)
- 🔲 Sun Hat
- Underwear
- Sunglasses

Toiletries:

- Prescription Medications
- Toothpaste
- Toothbrush
- Deodorant
- Sunblock
- Lip Balm
- Insect Repellent
- Feminine Care Products

Other:

- Base Layer Tops and Bottoms
- Casual Shoes for Camp
- Day Pack Rain Cover
- Trekking Poles

Deposit & Trip Payment

EXEN Adventures is a 501c3 non-profit corporation, which means that it operates entirely on fully tax deductible free-will donations.

Please visit our <u>GIVING page</u> to pay the \$25 deposit, or the full \$90 for this trip!

We believe that generosity is a spiritual gift, and encourage donations to cover the costs of *Experiencing the Encounter* together!

Commit to the Adventure

To commit to Adventuring with us in Death Valley, please complete this <u>General Release of Liability Waiver and Safety Information</u> to provide EXEN Adventures with more information.